

$$\sin^4 x/3 + \cos^4 x/3 > 1/2$$

$$\sin^4 t + \cos^4 t + 2\sin^2 t \cos^2 t = (\sin^2 t + \cos^2 t)^2$$

$$\sin^4 t + \cos^4 t = (\sin^2 t + \cos^2 t)^2 - 2\sin^2 t \cos^2 t =$$

$$1 - 2\sin^2 t \cos^2 t$$

$$1/2 - 2\sin^2 t \cos^2 t > 0$$

$$1 - (2 \sin t \cos t)^2 > 0$$

$$1 - \sin^2 2t > 0$$

$$\sin^2 2t < 1$$

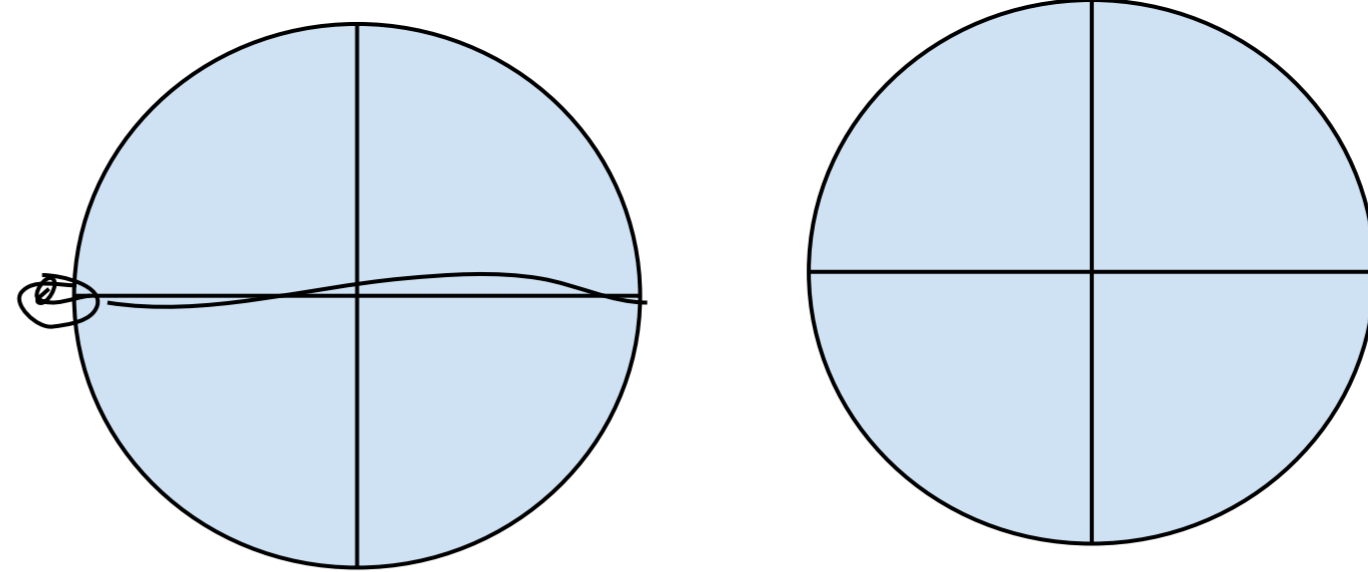
$$1 - \cos 4t < 2$$

$$\cos 4t > -1$$

$$4t = 4x/3$$

$$-P + 2Pk < 4x/3 < P + 2Pk$$

$$-3P/4 + 3Pk/2 < x < 3P/4 + 3Pk/2$$



**НЕРАВЕНСТВО
СУММА 4Х
СТЕПЕНЕЙ**

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